Fallbrook YMCA Indoor Pool Schedule

Effective Aug 3 – Aug 9

REC/OPEN SWIM | YMCA PROGRAMMING | GROUP EXERCISE CLASS | LAP SWIM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM	REC/OPEN SWIM 5:00AM to 5:00PM	REC/OPEN SWIM 5:00AM to 8:30PM	REC/OPEN SWIM 5:00AM to 5:00PM	REC/OPEN SWIM 5:00AM to 8:30PM	REC/OPEN SWIM 5:00AM to 8:30PM	CLOSED	CLOSED
6:00AM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM		
7:00AM						REC/OPEN SWIM 7:00AM to 5:30AM	
8:00AM	WATERFIT SHALLOW 8:00 to 8:50AM		WATERFIT SHALLOW 8:00 to 8:50AM				REC/OPEN SWIM 8:00AM to 5:30PM
9:00AM	WATERFIT SHALLOW 9:30 to 10:20AM	WATERFIT SHALLOW 9:30 to 10:20AM	WATERFIT SHALLOW 9:30 to 10:20AM	WATERFIT SHALLOW 9:30 to 10:20AM	WATERFIT SHALLOW 9:30 to 10:20AM		
10:00AM							
11:00AM							
12:00PM							
1:00PM	REC/OPEN SWIM 10:30AM to 8:30PM	REC/OPEN SWIM 10:30AM to 8:30PM	REC/OPEN SWIM 10:30AM to 8:30PM	REC/OPEN SWIM 10:30AM to 8:30PM	REC/OPEN SWIM 5:00AM to 8:30PM	REC/OPEN SWIM 7:00AM to 5:30PM	REC/OPEN SWIM 8:00AM to 5:30PM
2:00PM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
3:00PM							
4:00PM							
5:00PM	WATERFIT SHALLOW 5:40 to 6:30PM 1-2 LANES		WATERFIT SHALLOW 5:40 to 6:30PM 1-2 LANES				
6:00PM						POOL CLOSES AT 5:30PM SATURDAY AND SUNDAY	
7:00PM							
8:00PM	POOL CLOSES AT 8:30PM MONDAY-FRIDAY						

THINGS TO KNOW

- Click here for Indoor Pool Guidelines.
- YMCA Youth Policy applies. In all cases, youth must be 9 years or older to be in any YMCA facility without a guardian. Please review all other Youth Policies for facility access.
- Members of all ages are welcome during recreational swim times.
- All schedules are subject to change. The YMCA reserves the right to schedule, programs, rentals, and special events, and will make every effort to notify members of any schedule changes.
- Safety Checks will be performed on weekends from 12:00pm-5:00pm, Out of School Days, and during times of increased patron load. Safety Checks are 10 minute intervals that take place at the end of the hour.

UPCOMING YMCA PROGRAMS

Swim Lessons

September 14 – October 18
October 19 – November 22

Monday or Wednesday | 5:10pm – 7:30pm
Saturday | 9:10am – 11:30am